

**YOUR STORY.
TO BE CONTINUED.**



Helping residents add to their life stories since 1979.
That's our story. Turn the page to learn more.

AmericanHouse.com

**American
House** 
SENIOR LIVING COMMUNITIES

STORIES THAT INSPIRE... COME FROM WITHIN.



We all have a story. A story that defined us. Changed us. Taught us something. At American House Senior Living Communities, our residents have an abundance of stories...that hold a wealth of wisdom.

Welcome to American House...where our own story is inspired by our residents. It began in 1979, when our founder pioneered the concept of senior living with purpose, dignity and independence.

We are committed to enriching the lives of those we serve through the experience of a friendly, comfortable lifestyle within a warm and welcoming environment. We know the importance of fostering meaningful relationships. We respect our residents and their independence.

We offer private and maintenance-free rental apartments, a caring and devoted staff, and amenities and services to enhance your lifestyle. Enjoy culinary-inspired, chef-prepared meals

and a robust calendar of activities and events—with transportation to get you there safely.

Join our American House community. A place where new experiences happen daily and new friends are ready to be made. Your next chapter is waiting to be written. We're here to help you write it. Your way.

We invite you to experience why so many seniors call American House home.

Your story, made easy. Amenities, services and affordability.*

Our communities are designed with all the comforts you would expect to find in your home. Choose from a variety of affordable floor plan options, studio, one- or two-bedroom units—all designed to maximize space and create comfortable surroundings. You are certain to find an apartment that's right for you. And, amenities to minimize work.

A glimpse of the property amenities our communities have to offer:

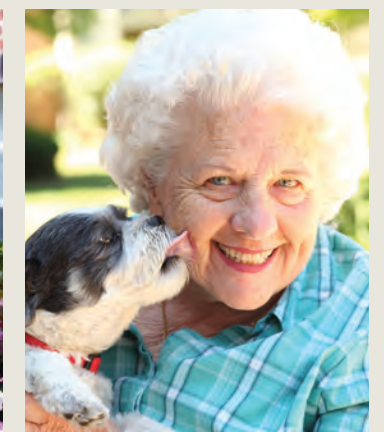
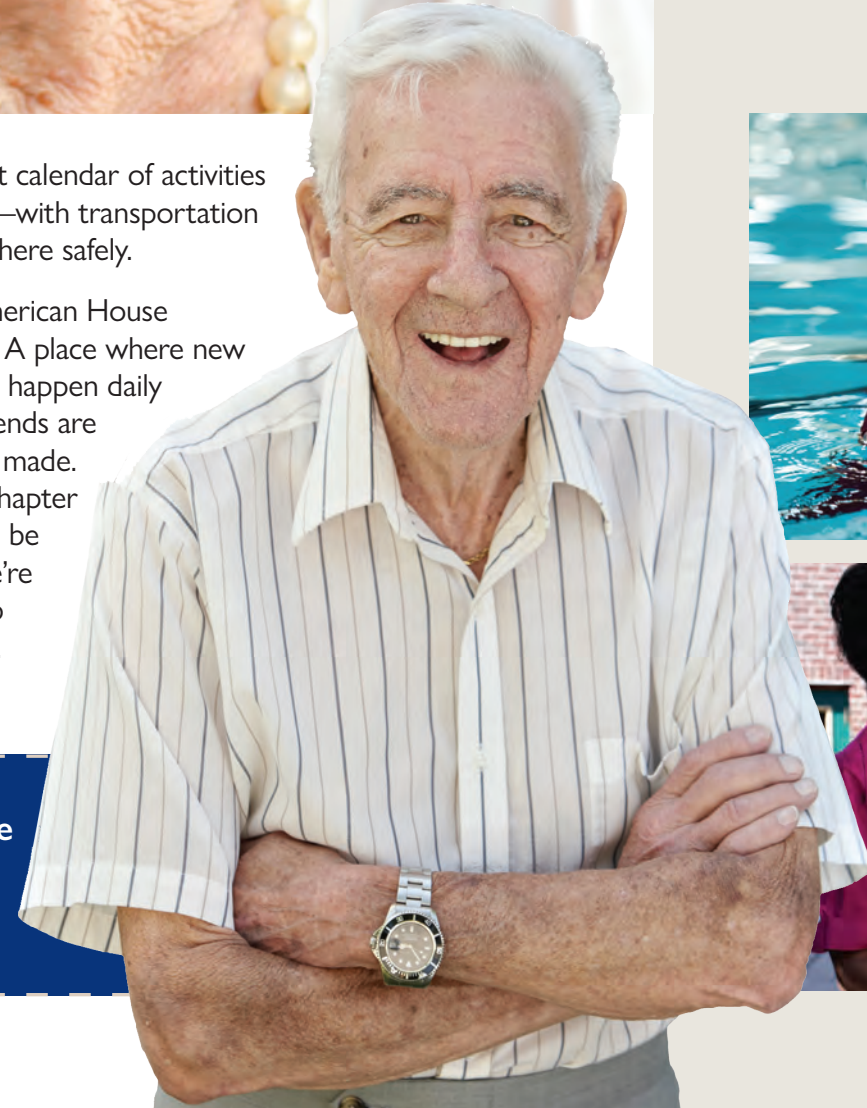
- Private and affordable, maintenance-free apartments in a variety of floor plans
- Cozy common areas for family gatherings and events
- Neatly landscaped grounds, walking paths and community gardens

- Heated pool, lanai, putting greens, boccé ball and shuffleboard courts
- Game rooms, billiards and Wii
- Movie theater, library and fitness center
- Spa, salon and barber services

Our convenient resident services:

- Restaurant-style dining, chef-prepared meals
- Housekeeping and laundry services
- Robust calendar of social, cultural and recreational events
- Spiritual services
- Connected Living™ technology for friendly, secure, senior-focused internet access
- Health and wellness programs
- Personal/regularly scheduled transportation
- Small pets are welcome (*rules apply*)

* Amenities and services vary between our American House communities. Please visit our website to learn about each individual community's offerings.



**EVERY DAY
ADDS A NEW PAGE...
OR INTRODUCES A
NEW CHARACTER.**



Your story, enriched. What would you like to do today?

When you stop by an American House, you'll feel the warm, welcoming atmosphere the minute you arrive. The gentle buzz of people chatting and laughing. The lobby filling with a hub of activity—residents getting ready for an event, a shopping trip, card party or charity work.

If it's late afternoon, you might see a crowd gathering for our legendary happy hour or quiet time in the library with a good book...but what you'll usually see are people who enjoy each other, both residents and staff alike.

Staying active, making social connections, new friends—all necessary to live a good life. American House has a Life Enrichment Program that truly enriches. Every day adds a new page—with a robust calendar of social, cultural and recreational events, including our celebrated happy hours. And, when you need to be out and about, you'll appreciate our transportation services. Now, we ask the question: "What would you like to do today?"

*Life Enrichment Program offerings:**

- See a movie in our theater
- Attend a Senior Prom
- Try Wii bowling
- Plant a garden
- Join a group exercise class or work out in our fitness center
- Call bingo, play cards or chess
- Join the American House Choir
- Go to American House Happy Hour with friends
- Enjoy a cooking demonstration
- Stay connected with friends and family online
- Go shopping—we'll drive
- Enjoy outings to nearby attractions
- Volunteer in your new neighborhood

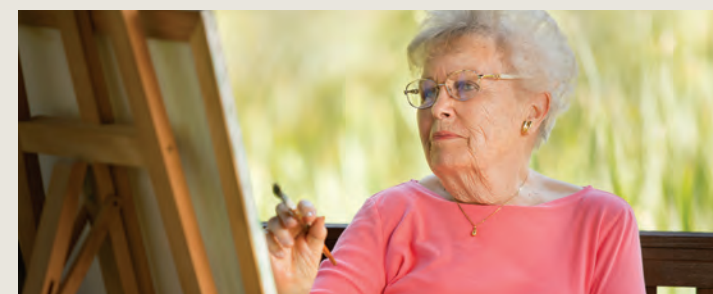


Dale Watchowski, with mother-in-law and American House Coconut Point resident, Patricia W.

THE STORIES OF A LIFETIME.

One of my greatest pleasures is visiting our communities. Getting to know the residents, caregivers and families. Sharing a laugh, sometimes a tear, and hearing the stories of a lifetime. Each of our residents has a story, of amazing experiences and adventures that shaped our nation's history and inventions that changed our everyday lives. Everyone has a story to tell, I am privileged to hear these stories. It's an honor for me and American House to be part of your next chapter.

Dale L. Watchowski, *President and CEO of American House*



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**GREAT MEALS ARE
LIKE GREAT STORIES.
BEST WHEN SHARED
WITH FRIENDS.**



What's for dinner at American House?

- Restaurant-style dining
- Locally sourced ingredients
- Chef-prepared meals
- Our celebrated happy hour gatherings
- BBQ events and ice cream socials
- Themed events: holidays and special occasions
- Cultural celebration dinners
- Accommodations for physician-ordered dietary restrictions

Nothing like dining with friends—telling stories, trading jokes or just good conversation. Explore trying a new dish, or savoring an old favorite prepared by our Chef and our culinary team. Great meals are like great stories—best when shared with friends—and our culinary team strives to make your dining experience memorable.

At American House you'll love the maintenance-free lifestyle, like dining with no cooking. You'll enjoy fresh, locally sourced ingredients in our chef-prepared meals, created by our culinary team...and you may never have to make another dish or eat alone again, unless you choose to.

At American House, we believe food should be fun, enjoyable, adventurous... which is why our Chef creates specialty theme dinners.



Life has many chapters. Our communities are designed with all the comforts of home. We offer many lifestyle and care options for your best fit.

Independent Living

Our independent living communities offer private apartments and maintenance-free living in a warm and welcoming environment. Amenities and services include chef-prepared meals, weekly housekeeping, engaging activities and events, transportation and so much more. Small pets are welcome.*

Assisted Living*

Assisted living offers private apartments but with a little added assistance with meals, laundry, medication reminders, physical therapy and all the activities of daily living (ADL) and more. Choose from à la carte services, or our third-party health care provider can create a custom-care plan just for you.

Memory Care*

Our personalized Memory Care program is designed to help residents—throughout the stages of dementia—live and be cared for with compassion. The specialized program creates a culture of caring for our residents, support to their loved ones and help navigating the complexities of the disease.

Our emphasis is on person-centered care and focuses on meaningful relationships and services, with life-enriching programs to preserve as much independence as possible, helping residents live with dignity and respect.

Respite Care*

We're happy to offer short- or long-term respite care services. Our Respite Care program is an interim solution, helping families cope with life events, providing the healing comforts of home. Respite Care services are often needed after recent discharges from hospitals, recovery after surgery, or when caregivers are away.

Hospice Care*

American House partners with Hospice Care providers, offering understanding and meaningful support to both your loved one and your family. Palliative services, also through hospice, can offer a customized plan to maintain the comfortable surroundings to which our residents are accustomed. At American House, we're committed to you and your loved one.

* Available at select communities. Visit our website for more information.

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